



My Sporting Double-Standard

August 27, 2026

I like sports. Even soccer.

That's why I oppose "transgender women" — biological men, for those playing at home — competing in women's sports. The physical advantages that men, transgender or not, have over women make such athletic contests inherently unfair.

Worse, from a marketing standpoint: *unexciting*.

And sometimes dangerous.

Look, women are better than men at a lot of things. Maybe everything else.

The problem is one of uncompetitive competition, not hatred of transexuals. It's no more anti-trans to forbid men from competing in women's sports than it is anti-

men to limit girls' sports to biological girls.

"I got a lot of negative feedback about me hating trans," WNBA star Sophie Cunningham [told](#) ESPN. "And I'm like, 'I never once said that.'"

"I think that I am here to extend love. But I also think with that love is truth, being honest," Cunningham explained. "And I want to protect young girls in a locker room, or young girls in sport who shouldn't have to go against biological men."

What about the reverse? That is, "transgender men" — biological women — competing in men's sports?

There doesn't seem to be a big controversy about that. Why not?

It just hasn't happened, I figured. But I discovered that yes, it has.

Without sparking much controversy, I note. And why? Because in this scenario the transgendered person is at a disadvantage. Punching up, so to speak. Trans men going against bigger, stronger, faster competitors (biologically likely to be, at least) and yet they're still willing to suit up.

That's what I love about sports.